

WEST VALLEY CITY, UTAH

PROCLAMATION

**A PROCLAMATION TO ESTABLISH THE FOURTH
MONDAY IN SEPTEMBER, AS “FAMILY DAY -- A
DAY TO EAT DINNER WITH YOUR CHILDREN”
IN WEST VALLEY CITY.**

WHEREAS, the use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America’s children; and

WHEREAS, 14 years of surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs; and

WHEREAS, frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse; and

WHEREAS, the correlation between frequent family dinners and reduced risk for teen substance abuse are well documented; and

WHEREAS, parental engagement is known to be one of the most crucial factors in determining the likelihood of substance abuse by teenagers; and

WHEREAS, family dinners have long constituted a substantial pillar of family life in America.

NOW, THEREFORE, I, Dennis J. Nordfelt, Mayor of West Valley City, do hereby proclaim September 28, 2009, the fourth Monday in September as “*Family Day –A Day to Eat Dinner with Your Children,*” and urge all citizens to recognize and participate in its observance.

Dated this ____ day of _____, 2009.

WEST VALLEY CITY

MAYOR

ATTEST

CITY RECORDER